Kathryn Ann Schultz Ford is a native of Foley, born to Gus and Teeny Schultz in Holmes Hospital. She is a product of the Foley Public Schools, graduating from Foley High in 1962. While at FHS she was a cheerleader, editor of the Yearbook, and a charter member of the National Honor Society. After high school, Kathryn Ann attended the University of Alabama. While in attendance there, she was a member of Alpha Gamma Delta social sorority, president of Jr. Panhellenic, Treasurer of the Women's Student Government, and a member of Mortar Board. Upon graduation, she moved to Birmingham and then Charlotte, North Carolina. After 16 years in Charlotte, she returned to Foley at which time she completed her Master's Degree at Springhill College. In 1988 she began her career of 25 years at Foley Elementary teaching 2nd grade, Reading Intervention, and 3rd grade. In 2009-2010 school year she was named Teacher of the Year at FES, and she retired in 2011.

Since her return to Foley, Kathryn Ann has been an active member of Saint Paul's Episcopal Church serving on their building committee and vestry. She has also been active in the Foley Community serving on the Beautification Committee, the Zoning and Planning Committee, the Bicentennial Committee, and the Mayor's Prayer Breakfast Team.

Kathryn Ann has been married to Phil Henderson for 29 years and she has two children, Paige Ford Benson of Foley and Miller Ford of Aspen, Colorado.