



American Behavioral ®

City of Foley Mental Nervous Carve Out

BCBS Claims	<u>2010</u>	<u>2011</u>	<u>2012</u> Annualized Projection
	\$53,795.13	\$68,316.00	\$84,307.00
10.6% Admin Fee	<u>\$ 5,702.28</u>	<u>\$ 7,241.50</u>	<u>\$ 8,936.54</u>
Total	\$59,497.41	\$75,557.50	\$93,243.54
American Behavioral Charges	\$43,180.00*	\$53,551.00*	\$73,759.00*
Total Savings	\$16,317.41	\$22,006.50	\$19,484.54

AB Add Full Service EAP with

Fixed Cost Single:	\$1.96 per employee per month
Fixed Cost Family:	\$2.76 per employee per month

\$7,214.00 yearly*

***Included in the American Behavioral charges above**

Other charges/claims incurred with active care management to control costs.



Employee Assistance Program

Available to All Employees
Up to 3 free visits per year

An EAP program is a confidential assessment, counseling and referral service for all regular employees and their eligible dependents that need help in any of the following areas:

- **Marital and Family Issues**
- **Alcohol and Other Drug Dependency "Assessment"**
- **Stress Related Issues**
- **Financial/Legal Referrals**
- **Emotional Problems – Jealousy, Anger, Grudges, Sadness, Loneliness**

The EAP counselor can help identify problems and assist in working through them. The counselor can also determine the best alternatives and, if necessary, make appropriate referrals to other professionals who specialize in particular areas. ***EAP address everyday living problems, NOT clinical diagnoses such as depression, anxiety, abuse, childhood trauma, chemical dependency, and other serious disorders which are covered under the Mental Health Benefits below.***

Your EAP is:

- **Confidential** – All information is kept strictly between the individual and the counselor. No one has to know.
 - **Informal** – A simple phone call starts the process.
 - **Free** – All counseling offered within the EAP is provided as a benefit by your employer.
- (800) 925-5EAP (5327)

Mental Health Benefits

Available to Employees and Dependents who participate in the health plan

Behavioral healthcare is an employer-sponsored program designed to provide disorder identification, clinical treatment referrals, and crisis intervention for employees and their family members who experience mental/behavioral conditions. American Behavioral assists employees and families by identifying and working through conditions that may be a focus of clinical attention such as:

- Adjustment Disorders
- ADD/ADHD
- Anxiety Disorders
- Impulse Control Disorders
- Mood Disorders, such as Depression
- Substance Abuse Disorders
- Schizophrenia and other Psychotic Disorders
- Sexual Disorders

For more information, or to schedule an appointment, please call (800) 925-5EAP (5327)



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www.americanbehavioral.com