

Utilization Management

Client tolerance for member impact & targeting undermanaged disease states





# 2017 Clinical and Formulary Savings

Promotes the safe and effective use of a less expensive, yet clinically effective, therapeutic alternative medication.	\$99,470
Promotes the safe and effective use of medications per their FDA approved uses.	\$24,255
Manages drug costs by aligning the dispensed quantity of medication with FDA-approved dosage guidelines.	\$31,733
Total PMPM fee related expenses for clinical programs	(\$5,314)
Optimized formulary that delivers savings and appropriate clinical options	\$125,698
	expensive, yet clinically effective, therapeutic alternative medication.  Promotes the safe and effective use of medications per their FDA approved uses.  Manages drug costs by aligning the dispensed quantity of medication with FDA-approved dosage guidelines.  Total PMPM fee related expenses for clinical programs  Optimized formulary that delivers savings

# Net Savings in 2017:\$275,842

<sup>\*</sup>Program fees calculated based on \$0.60 PMPM fee for an average monthly membership of 738. Time Frame: 01.01.17 -12.31.17



# 2018 Clinical and Formulary Savings

Step Therapy	Promotes the safe and effective use of a less expensive, yet clinically effective, therapeutic alternative medication.	\$78,674
Prior Authorization	Promotes the safe and effective use of medications per their FDA approved uses.	\$23,290
Drug Quantity Management	Manages drug costs by aligning the dispensed quantity of medication with FDA-approved dosage guidelines.	\$59,138
AUM Program Fees*	Total PMPM fee related expenses for clinical programs	(\$5,623)
National Preferred Formulary	Optimized formulary that delivers savings and appropriate clinical options	\$41,129

Net Savings in 2018: \$196,608

<sup>\*</sup>Program fees calculated based on \$0.60 PMPM fee for an average monthly membership of 781. Time Frame: 01.01.18 -12.31.18





# Plan savings summary ESI Managed Rules

Package	Price PMPM	Estimated Net Plan Cost Savings PMPM	Estimated Member Impact
RxBenefits Super Advantage Plus Package	\$0.75 year 1 \$0.78 year 2 \$0.81 year 3	\$55,746	86

63% of clients enrolled in the program are in Super Advantage Plus On average, clients saw a 10:1 return on investment.

Savings estimates without grandfathering. Savings are net of program cost and rebate impact.



# Advanced Utilization Management

## Savings Detail: RxBenefits Super Advantage Plus Package

Step Therapy – Requires members to try a different medication before the plan will pay for those in the highest classes.	22
Prior Authorization – Requires the physician to provide documentation as to the condition before the medication is dispensed. Ensures it is the right drug for the diagnosis.	60
Drug Quantity Management – Limits the amount of medication dispensed to the FDA guidelines. If members have a medical need for additional quantities there is a process their physician can follow.	4
Total	86

Savings estimates include Step Therapy without grandfathering, when available.

Packages include Step Therapy, Prior Authorization, and Drug Quantity Management.





## Member Communication Process

Implementation

Prenotification

Patient Attempt to Fill with POS Reject

Rapid Response Communication

Auto updates allow new-to-market drug utilization changes to be added *before* it impacts members



Sent 30 days prior to implementation

Coverage Authorization Prenotification (Prior Authorization, Drug Quantity Management)

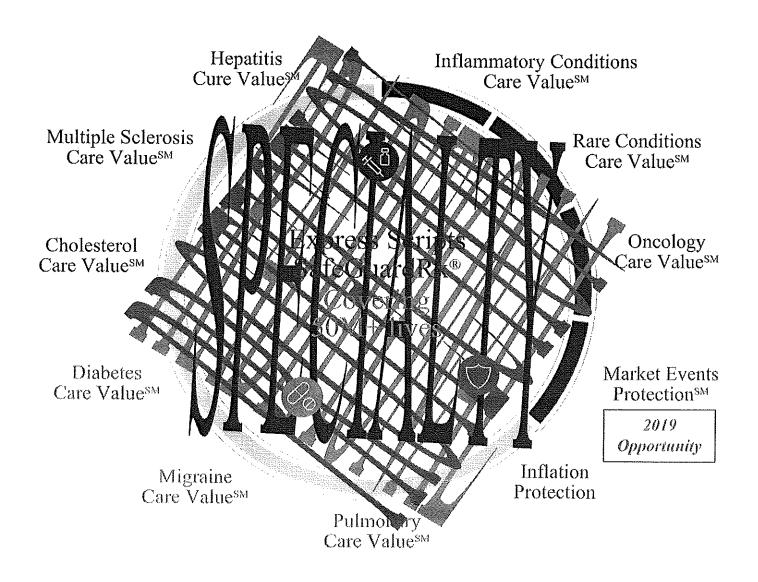
Preferred Step Therapy Prenotification (Implementation of step edits without grandfathering)

- · Letters to members with dropped claim after step therapy reject at retail or mail
- Program sends both member and physician letters
- Letters provide alternative medications and explain step therapy process





# For the most critical and complex challenges



#### MARKET EVENTS PROTECTION<sup>SM</sup> PROGRAM

## Quick action for unanticipated events \$34M in client savings in 2017 with only 0.5% member impact

#### RAPID RESPONSE ADDRESSES

Excessive price increases

New generics launches

Unwarranted price discrepancies

#### PBM TOOLS MITIGATE RISK







#### **ACTIONS TO DATE**



Alcortin A®, Novacort®

Auvi-Q®

\*Channel change will be implemented at a later date. Additional detail will be provided prior to that time. Program terms and conditions apply.

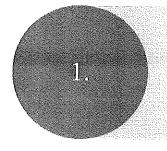


# Appendix

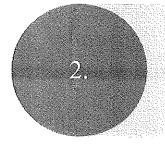




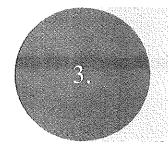
# Prior Authorization: The Right Patient



 Prior Authorization ensures the clinically appropriate use of medications.



Prior Authorization ensures that medications are used safely.



 Prior Authorization asks the question: "Is this the right medication for this patient?"

# Prior Authorization – sample template member letter



You may need to talk with your doctor about your prescriptions.

<Patient Name Prefix>> <<Patient First Name>> <<Patient Last Name>> <<Street Address> <<City>> <<State>> <<Zip>>

#### <<Month Year>>

Dear <<Patient Name Prefix>> <<Patient First Name>> <<Patient Last Name>>:

We're writing because you need to take action if you want the following medication(s) to be covered under your plan:

<<Drug name>> <<Drug name>> <<Drug name>> <<Drug name>> <<Drug name>>

<Client Name and >Express Scripts, the company chosen to manage your prescription benefit. want<s> you to know about an important change. Beginning << Effective Date>>, your plan's coverage for the above medication(s) will change, and Express Scripts will need to review the prescription with your doctor before it can be filled and covered under your prescription benefit. During this review, your doctor can provide us with more detailed information on your prescription so we can make sure its use falls within your plan's rules. These rules are based on FDA-approved prescribing and safety information, clinical guidelines and uses that are considered reasonable, safe and effective.

If you're taking the above medication(s) and want it to be covered by your plan, here's what you can do to help make sure your medication is reviewed;

- 1) Please ask your doctor to call Express Scripts at 800.417.1764 to arrange a review.
- 2) Let your doctor know we're available Monday-Friday, from 8 a.m. to 9 p.m., Eastern Time.

If your doctor doesn't call and get approval, you'll be responsible for the full cost of the medication(s). So, please have your doctor contact us on or after << Effective Date>>.

Thank you for your assistance. If you're no longer taking the medication(s) listed above, or no longer eligible under this plan, please disregard this letter.

Sincerely,

andu R. Belin

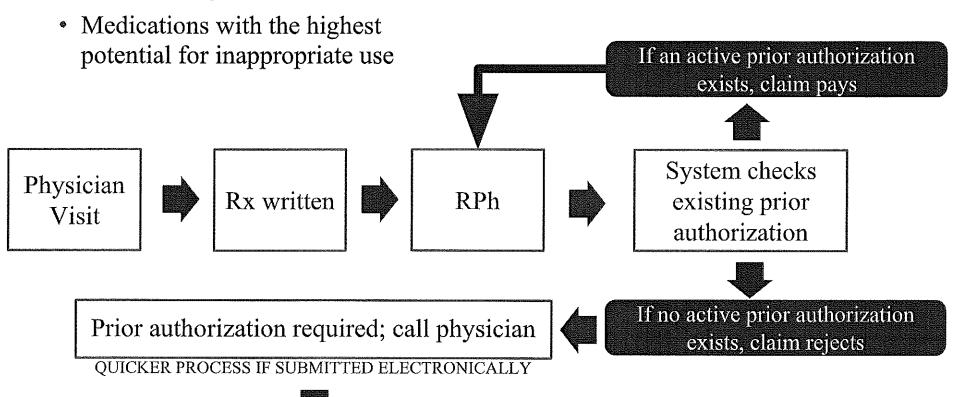
Andrew R. Behm, Doctor of Pharmacy Vice President of Pharmacy Services Express Scripts





### How Prior Authorization Works

- Drives savings and patient safety through monitoring:
  - Targeted, high-cost medications



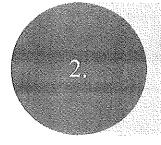
- •Physician contacts PA department
- •If clinical criteria is met, then an override is issued, and the claim will pay
- •If criteria is not met, then claim will reject





# Step Therapy: The Right Drug

• Step Therapy encourages members and physicians to try clinically effective, front-line medications (usually generics) before trying second-line (usually brand name) medications.



Step Therapy asks the question "What other medications has this patient taken for this condition?"

### Step Therapy – sample template member letter EXPRESS SCRIPTS

#### Co-Branded Logo

- <Date>
- <Member First and Last Name>
- <Member Address 1>
- <Member Address 2>
- <Member Address 3>
- <Member City State, Zip>

<Member First Name>: Avoid Paying More for Your Medication

Dear < Member First and Last Name>:

<Client Name and >Express Scripts, the company chosen to manage your prescription-drug benefit, want<s> you to know about an important change. As of <effective date>, the medication you currently take, (<current brand-name drug>), will no longer be covered and will cost you more. There are similar medications preferred by your plan that are covered at a lower copayment.

You'll save when you choose a preferred generic or lower-cost brand medication instead of the costlier brandname medication you currently take.<\*> Your preferred drugs work just as well for most people and they typically cost a lot less. Why pay more if you don't get more?

#### Start saving today - it's easyl

- (1) Share this letter with your doctor and ask if one of the preferred alternatives listed to the right could work for you.
- (2) If a preferred alternative is appropriate, your doctor can write a new prescription, indicating that it will replace your prescription for <current brand-name drug>.
- (3) Fill your new prescription for a safe, effective preferred drug and avoid paying the full cost of your current medication.

#### Take Action Todayl

Your current medication will no longer be covered and will cost you more as of <effective date> unless you try or have already tried a preferred alternative.

> Non-Preferred Drug You Currently Take:

**<CURRENT BRAND-NAME DRUG>** 

Preferred Alternatives



To Save You Money

<PREFERRED ALTERNATIVE #1>

<PREFERRED ALTERNATIVE #2>

<PREFERRED ALTERNATIVE #3>

<PREFERRED ALTERNATIVE #4>

<PREFERRED ALTERNATIVE #5>

<PREFERRED ALTERNATIVE #6>

<PREFERRED ALTERNATIVE #7>

<PREFERRED ALTERNATIVE #8>

<PREFERRED ALTERNATIVE #9>

<PREFERRED ALTERNATIVE #10>

If you have questions, please call the number on your member ID card. And your doctor can call <800,417... > with any questions. We look forward to helping you savel

Sincerely,

audus R. Belia

Andrew R. Behm, Doctor of Pharmacy Pharmacy Director Express Scripts

P.S. Millions of people save on prescription drugs by choosing safe, effective, lower-cost afternatives, You can, tool Get more information and compare drug prices at Express-Scripts.com.

(\*) In certain states, controlled substances such as steep with may only be evaluable in supplied of up to 30 days, and prescriptions for these medications may not be labed in your five on one of trust states, please can the number of injury members or just members to each on the other than their gladeres in the purp metapological.

(Continued)

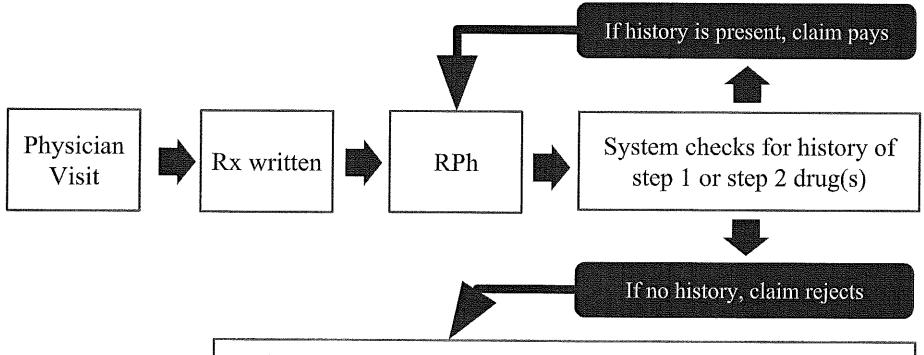
If your doctor and you agree that the preferred medications are not right for you, your doctor may request a coverage review by calling <800.417.1764> on or after <effective date>.





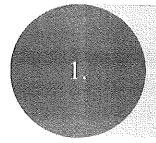
# How Step Therapy Works

 Step therapy reduces waste by promoting the use of generics

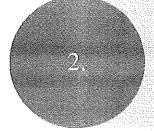


- Prior authorization required; call physician; must try step 1 drug first
- After 4 days, if claim for front line or back-up drug(s) is not in system, send letter to member and physician explaining process

# Drug Quantity: The Right Amount

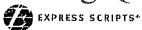


• Drug Quantity Management aligns the quantity dispensed with FDA-approved dosage guidelines and other supportive evidence.



Drug Quantity Management asks "Is this the correct quantity (tablets/capsules) of this medication?"

## Drug Quantity Management – sample template member letter



<First Name> <Last Name> <Address 1> <Address 2> <City>, <State> <Zip>

<DATE>

Please read this important information about your prescription benefit.

Dear <First Name> <Last Name>:

<Client Name> and Express Scripts, the company managing your prescription benefit, want you to know that beginning <<DATE>>, your plan will limit the quantity of medication that you can get at one time. A list of the medication affected by this change is on the reverse side.

#### Why is this change happening?

It's due, in part, to updated dosage safety information and guidelines from the Food & Drug Administration (FDA), along with supporting medical studies. It is also to help manage, control and lower overall drug costs by reducing drug waste.

#### What does this mean to me?

It means your plan will only cover the new, recommended dosage amount. For example, if your medication comes in different strengths, you could take one dose of a higher strength instead of two (or more) at a lower strength. The amount of medication is the same, but you pay for fewer doses – which saves money. If your doctor feels differently, he or she may call Express Scripts to request a prior authorization, which may allow you to get a larger quantity.

#### What should I do?

To meet your plan's limit with fewer copayments, you may:

Have your pharmacist ask your doctor to change your prescription to a higher strength when one is available;



Ask the pharmacist to give you the amount your plan covers and you'll pay the appropriate copayment each time;



Speak with your doctor.
If he or she doesn't agree with
the limit, your doctor can call
Express Scripts to request a prior
authorization, which may allow you
to get a larger quantity.

If you have any questions, please call Express Scripts at the number on your member ID card.

Sincerely,

augus R Bolin

Andrew R. Behm, Doctor of Pharmacy Vice President of Pharmacy Services Express Scripts

See other side for Important information >>

Beginning <<DATE>>, your plan will limit the quantity of medication you can get at one time. Here is a list of the medication(s) that will be affected;\*

NAME ()	LIMIT 1
<pre><drug #1="" name=""></drug></pre>	<limit></limit>
<drug #2="" name=""></drug>	<limit></limit>
<drug #3="" name=""></drug>	<limit></limit>
<drug #4="" name=""></drug>	<limit></limit>

\*May not represent all medications you are taking.

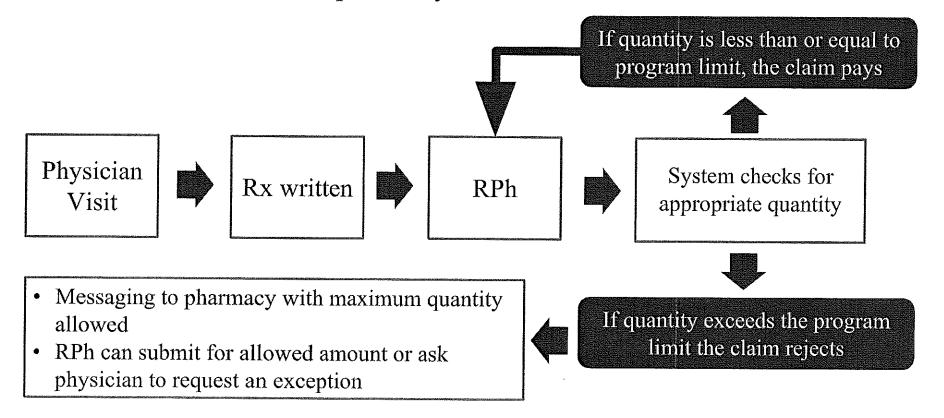




<sup>&</sup>lt;sup>1</sup> Represents the per month quantity allowed (unless otherwise noted). [90 day retail and home delivery are typically 3 times the per month quantity (unless otherwise noted)].

# How Drug Quantity Management Works

- Aligns the dispensed quantity of prescription medication with FDA-approved dosage guidelines
- Ensures that the most cost-effective product strength is dispensed
- Helps reduce waste in the pharmacy benefit





# City of Foley's Current

# Package

# Advantage Super Package (Package B)

# Proposed Package for City of Foley

# Advantage Plus Super Package (Package A)

Limited PA	Limited PA
Respiratory Miscellaneous	Respiratory Miscellaneous
Multiple Sclerosis	Multiple Sclerosis
Asthma/COPD	Asthma/COPD
Blood Cell Deficiency	Blood Cell Deficiency
Growth Deficiency	Growth Deficiency
Endocrine Disorder	Endocrine Disorder
Sleep Disorder	Sleep Disorder
Osteoarthritis	Osteoarthritis
Metabolic, Immune disorders or Inherited Rare	Metabolic, Immune disorders or Inherited Rare
Disease	Disease
Neurolocical Disorders	Neurolocical Disorders
Hormone supplementation	Hormone supplementation
Eye Conditions	Eye Conditions
Gout	Gout

# Proactive PA

Targets new high-cost drugs with a low or know potential off-label use

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Targets new high-cost drugs with a low or know potential off-label use

Advantage PA	Advantage PA
Allergies	Allergies
Asthma Specialty	Asthma Specialty
Bone Conditions	Bone Conditions
Diabetes	Diabetes
High Blood Cholesterol	High Blood Cholesterol
Inflammatory Conditions	Inflammatory Conditions
Narcolepsy	Narcolepsy
Pain	Pain
Sexual Disorders	Sexual Disorders
Skin Disorders	Skin Disorders
Skin Conditions	Skin Conditions
Weight Loss	Weight Loss

A list of drugs that require lab results to determine if the drug is being used appropriately

Pharmacogenomics

# Pharmacogenomics

A list of drugs that require lab results to determine if the drug is being used appropriately

# Onocolgy

Targets existing and new high-cost oncology medications with the potential for inappropriate use

# Onocolgy

Targets existing and new high-cost oncology medications with the potential for inappropriate use

Adjunctive PA

Adjunctive PA

Asthma/COPD Contraceptives Eye Conditions Hormone supplementation Impotence Inflammatory Conditions Mirgraine Headaches Nausea/Vomiting Sleep Disorder Ulcer  Advantage DQM Anti-infective Specialty Asthma - Specialty Blood Cell Deficiency Bone Conditions Diabetes Endocrine Disorder Fertility Hepatitis C High Blood Cholesterol High Blood Pressure Inflammatory Conditions - Specialty Multiple Sclerosis Overactive Bladder Pain Pulmonary Hypertension Wound Care  Preferred Specialty Management Reduces Specialty spend while continuing to promote clinically appropriate, cost-effective therapies  Optional ADHD Rules  Non-Essential PA  Targets drugs with significant utilization for lifestyle indications and off-label inappropriate	Contraceptives Eve Conditions Hormone supplementation Impotence Inflammatory Conditions Mirgraine Headaches Nausea/Vomiting Sleep Disorder Ulcer  Advantage DQM Anti-infective Specialty Asthma - Specialty Blood Cell Deficiency Bone Conditions Diabetes Endocrine Disorder Fertility Hepatitis C High Blood Cholesterol High Blood Pressure Inflammatory Conditions - Specialty Multiple Sclerosis Overactive Bladder Pain Pulmonary Hypertension Wound Care  Preferred Specialty Management Reduces Specialty spend while continuing to promote clinically appropriate, cost-effective therapies  Optional ADHD Rules  Non-Essential PA  Targets drugs with significant utilization for lifestyle indications and off-label inappropriate use
Allergies Anaphylaxis Anti-infective Antifungal	Allergies Anaphylaxis Anti-infective Anti-infulena Antifungal

Oncology	
Depression  Mental/Neurological Disorders	
Advantage Plus DQM	
•	
Sleep Disorder Ulcer	
Floor Disorder	
Overactive Bladder	
cye conditions	
Astrima/COPD	
Allergies	
Advantage Plus Step Therapy	
: !	
Pain - Narcotic	removes automorphisms to their experience control to the experience of the experienc
Oncology	em de desente anno de mentre de la companya del companya del companya de la compa
HIV	
Hepatitis C	
Heart Failure	
Cardiovascular	
Advantage Plus PA List	
:	
Pulmonary Arterial Hypertension	Pulmonary Arterial Hypertension
Onocolgy	Onocolgy
Multiple Sclerosis	Multiple Sclerosis
Disease	Disease
Metabolic, Immune disorders or Inherited Rare	Metabolic, Immune disorders or Inherited Rare
Mental/Behavioral health	Mental/Behavioral health
Inflammatory Conditions	Inflammatory Conditions
High Blood Pressure	High Blood Pressure
High Blood Cholesterol	High Blood Cholesterol
Hepatitis C	Hepatitis C
Growth Hormone	Growth Hormone
Fertility	Fertility
ВРН	. BPH
Bone Conditions	Bone Conditions
Blood Cell Deficiency	Blood Cell Deficiency
Advantage Step Therapy	Advantage Step Therapy
Skin Conditions	Skin Conditions
Pain	Pain
Neurological Disorders	Neurological Disorders
Migraine Headaches	Migraine Headaches
Gout	Gout
Diabetes	Diabetes
Depression	<b>Depression</b>
	7